Press Cutting – Tyringham Naturopathic Clinic – Bucks Evening Standard – 1980



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Tyringham Naturopathic Clinic

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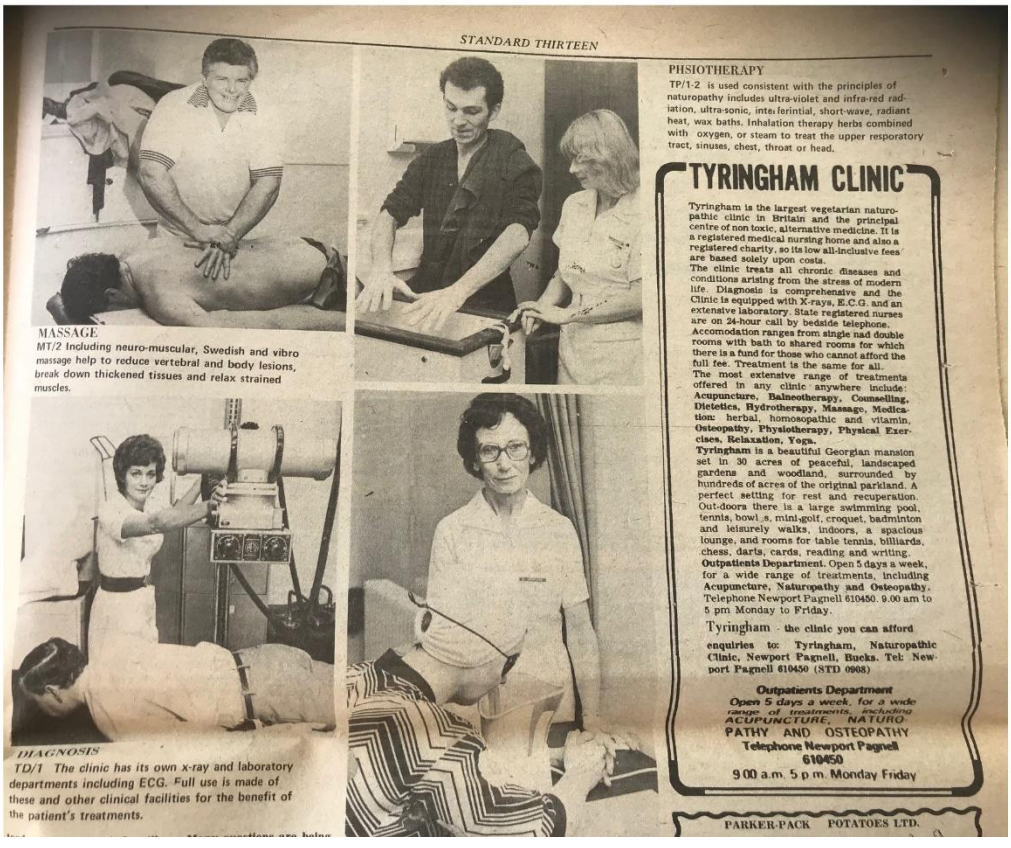
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HYDROTHERAPY
TH/1 is used including steam baths and whole body



STANDARD THIRTEEN

MASSAGE
MT/2 Including neuro-muscular, Swedish and vibro massage help to reduce vertebral and body lesions, break down thickened tissues and relax strained muscles.

DIAGNOSIS
TD/1 The clinic has its own x-ray and laboratory departments including ECG. Full use is made of these and other clinical facilities for the benefit of the patient's treatments.

PHSIOTHERAPY
TP/1-2 is used consistent with the principles of naturopathy includes ultra-violet and infra-red radiation, ultra-sonic, interferintial, short-wave, radiant heat, wax baths. Inhalation therapy herbs combined with oxygen, or steam to treat the upper resporatory tract, sinuses, chest, throat or head.

TYRINGHAM CLINIC

Tyringham is the largest vegetarian naturopathic clinic in Britain and the principal centre of non toxic, alternative medicine. It is a registered medical nursing home and also a registered charity, so its low all-inclusive fees are based solely upon costs.
The clinic treats all chronic diseases and conditions arising from the stress of modern life. Diagnosis is comprehensive and the Clinic is equipped with X-rays, E.C.G. and an extensive laboratory. State registered nurses are on 24-hour call by bedside telephone.
Accomodation ranges from single nad double rooms with bath to shared rooms for which there is a fund for those who cannot afford the full fee. Treatment is the same for all.
The most extensive range of treatments offered in any clinic anywhere include: **Acupuncture, Balneotherapy, Counselling, Dietetics, Hydrotherapy, Massage, Medication:** herbal, homoeopathic and vitamin, **Osteopathy, Physiotherapy, Physical Exercises, Relaxation, Yoga.**
Tyringham is a beautiful Georgian mansion set in 30 acres of peaceful, landscaped gardens and woodland, surrounded by hundreds of acres of the original parkland. A perfect setting for rest and recuperation. Out-doors there is a large swimming pool, tennis, bowls, mini-golf, croquet, badminton and leisurely walks, indoors, a spacious lounge, and rooms for table tennis, billiards, chess, darts, cards, reading and writing.
Outpatients Department. Open 5 days a week, for a wide range of treatments, including **Acupuncture, Naturopathy and Osteopathy.** Telephone Newport Pagnell 610450. 9.00 am to 5 pm Monday to Friday.

Tyringham - **the clinic you can afford**

enquiries to: Tyringham, Naturopathic Clinic, Newport Pagnell, Bucks. Tel: Newport Pagnell 610450 (STD 0908)

Outpatients Department
Open 5 days a week, for a wide range of treatments, including
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TYRINGHAM

TS 1-3. The philosophy of Tyringham is the philosophy of Naturopathic Medicine: Man has the natural right to be healthy throughout a long and happy life.

Here, in a beautiful Georgian mansion patients are treated by natural methods with remarkable success.

What is reputed to be the most successful health clinic in the world, Tyringham House stands in 30 acres of landscaped gardens and woodlands some two miles from Newport Pagnell.

This peaceful and tranquil setting is perfect for rest and recuperation. In the gardens there are fountains, lawns, spinneys, statues, ornamental pond, rose gardens, swimming pool, and Sir Edwin Lutyens' Temple of Music.



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Naturopathy, the art and science of stimulating the body's inherent power to regain health by non-toxic methods has been widely used throughout the world, and in some countries it is practised within the State Medical Service.

In this country, however, Tyringham represents the first real attempt to bring natural and orthodox medicine together.

There is a good relationship between local doctors and the clinic staff, which has resulted in many of the clinic patients have been sent by their local G.P.s. Likewise staff at the clinic although dedicated to their concept of healing by natural methods, in the interest of the patient, will use orthodox aids to help the natural healing process.

Looks can be deceiving and unlike the luxury clinics so much favoured on the Continent, Tyringham is registered as a charity, and charges according to the patients circumstances.

About 90 people are treated as live-in patients every week, whilst there are about 90—100 outpatients. A minimum live-in period is two weeks, although many patients go on from 3 weeks to a few months.

One of the biggest challenges to both doctor and nursing staff is the fact that most patients come to Tyringham as a last resort.

Chronic diseases such as arthritis, cancer, or high blood pressure are the most common complaints and the Tyringham staff can feel proud of their high success rate — although patients may not leave completely cured they can be guaran-



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TYRINGHAM CLINIC

TD/1 The clinic has its own x-ray and laboratory departments including ECG. Full use is made of these and other clinical facilities for the benefit of the patient's treatments.

teed a painfree period until their next treatment.

Treatment along with a vegetarian diet and sometimes fasting, all keep in with the concept that the body has to be restored to a healthy condition in which all the organs function efficiently so that it can carry out its own healing process. Orchards and the kitchen garden supply of organically cultivated food and the clinic's own wells provide pure water, free from fluoridation.

In the word of the clinic's director, Dr. S. Rose-Neil: "Man is responsible for his own well-being." Drugs used to supress symptoms is not the answer for all ills, and this theory is being constantly proved right.

Acupuncture

TA 1-2. One of the oldest therapies in the world, but also one of the least understood — Acupuncture. This treatment is used extensively in Tyringham with much success.

Acupuncture stimulates the body's energy forces to promote tissue repair and to improve well-being. Originated in China as early as 206 BC. There are over five thousand practitioners in Europe today. Training received by members of the British Acupuncture Association is acknowledged to be amongst the highest in the world.

Many questions are being asked about acupuncture today, and chairman of the British Acupuncture Association, Dr. Sidney Rose-Neil of Tyringham, has picked out some of the most popular questions. Here are some of them:

1. Can a member of the British Acupuncture Association issue sickness certificates? Yes.
2. Does my doctor have to refer me for treatment? No.
3. Are all full members qualified in another form of medicine apart from Acupuncture? Yes.
4. How much does a treatment cost? This varies. Your local practitioner should be consulted.
5. What illnesses can be treated? Acupuncture is efficacious in the treatment of all illnesses, but this does not mean that it will cure, or even help, in every ailment. Each patient and each case is different.
6. Is there a minimum, or maximum age for treatment? No. Although the treatment of children under seven is limited, and may prove difficult.
7. How long does a treatment take? This can vary from ten minutes to, perhaps, forty minutes, and it may vary from treatment to treatment.
8. How many needles are used? This depends entirely upon the patient's needs. It could be one, it could be twelve, and could vary from treatment to treatment.
9. Does the treatment hurt? Normally, a momentary prick, or a feeling like a tiny electric shock may be felt, sometimes nothing.

Acupuncture can be used to cure many pains, plus addiction such as drug, smoking and alcohol. It is used to reduce withdrawal symptoms in obesity and as with all treatments at the clinic relaxation is an important aspect of the cure.

Many more advances are being made, as practitioners combine traditional Chinese methods with Western techniques. There is little doubt that in the next few years Acupuncture will become one of the most important diagnostic and therapeutic methods in medicine, provided always that it is combined with other treatments but not used as a cure for all illnesses.



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