The Present Day Philosophy of Naturopathic Medicine – lecture presented by Sidney Rose-Neil at the Westfield Conference, London, March 31st 1974

HEALING - "THE PRESENT DAY PHILOSOPHY OF NATUROPATHIC MEDICINE"

A lecture presented at the Westfield Conference
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It is essential to recognise that everything which has taken place in this Conference this weekend is part of Naturopathic Medicine.

We must, however, differentiate between Nature Cure and Naturopathy. Nature Cure basically is to fast the patient, then give fresh fruit and vegetables together with manipulation and hydrotherapy and the patient will get well. Many of the magazines - the nature cure magazines - are as simple as that - plus nowadays a little Yoga.

Naturopathy is a wider concept and includes all therapies which help the patient to get well, so long as there are no side effects, no build up of resistance and no drug effect. This will include diet, fasting, herbal medicine, homoeopathy, osteopathy, massage, hydro-therapy, healing, yoga, relaxation, meditation, acupuncture and other methods.

So long as a form of medicine does not suppress - helps the inherent power within the organism to find its equilibrium, it is naturopathic. Drugs might save lives under certain conditions - but they are over-used, have side effects, the body builds up a resistance and in the end are usually shown not to be as therapeutic as believed.

It is sometimes said about acupuncture "how can it be effective, its been going for thousands of years and never changes ? Medicine to be efficacious must change and progress." The answer to this question is simple. If it works now and it worked thousands of years ago and it doesn't build up side effects and it is not a drug, why is there need to change it ? It's when a drug doesn't work, or it is harmful or the body does build up resistance or side effects there is need to change. The Chinese doctor was traditionally paid when the patient was well. When the patient was ill treatment was free. Modern medicine is concerned with chemicals. Most patients demand this form of therapy. They do not want the doctor to tell them how to get well by way of going on a fast, or into the country, or doing exercises, or meditation.

We are human beings and as such we contain chemicals but we are not just chemicals. We are in fact in many ways more than the sum total of our parts. For instance with a biopsy, the moment the cutting is away from its environment it no longer has the same function. Therefore the scientist can never find accurate information from a biopsy. The moment you take something away from its whole, it is no longer what it was, its function, its characteristics alter as does its relationship to its environment. Modern medicine is concerned with chemistry. Its smallest basic unit - the atom is composed of many pieces, protons, electrons, positrons, etc. and yet the solid part of an atom is no more than one hundred thousandth of the space which it occupies. These particles and atoms move so fast, that if one took off and shot in a straight line (it would not of course be a straight line) it would travel several times around the earth in a second. How fast then are atoms and particles oscillating ? How many times must those individual atoms go towards one another, stop, break away and move in the opposite direction in a second ? Hundreds of thousands of millions. What controls it all ? Energy. There may be thousands of different energies and yet we only use two or three names for different types of energy - magnetic, static, electro, etc.

How can you really investigate energy as the moment it is investigated it alters its function. The closer one investigates energy, the more difficult it becomes to observe and yet Nature is simpler the smaller its particles become.

How can we investigate these different forms of energy? If only a hundred thousandths of each atom is solid and the rest is space. The particles move so fast that they are to all intents and purposes here and there at one and the same time. We do not even know why, if we cut a piece of wood in two, we have two pieces. Why does it not come together again ? How have we separated hundreds of thousands of trillions of atoms ?

Man works to a millionth of a centimetre in modern science. Nature is working to a hundred million billion trillion trillion trillion trillion trillion trillion trillion trillion trillionth of a centimetre, and Energy is in control. Now even the solid particles are being found to be not solid, but composed of other particles with their energy controls and their own space and their own oscillations.

It is in the field of energy, not in chemistry that the, so-called new, healing techniques are concerned. Acupuncture nor healing are working within the realm of chemistry.

I often know when I see a patient that the patient will get well, there is no doubt in my mind and at that moment it is as if there is no difference between me, the patient, and the patient being well. That patient then becomes well. What is it that produces this effect. It is not chemistry, it is in some way related to energy.

Where in energy, and what in energy, we do not know. How do we investigate it ? We do not know. The atoms stop and move away from each other, thousands of millions of times a second, and controlled by energy. In this energy healing is involved.

The healer gives off and receives energy vibrations. Kirlian photography is finding ways to approach and photograph the effects of energy vibrations. Some scientists say cold electron emissions are being photographed and not energy. Can you photograph energy ? Energy is in effect the absence of matter. Can you use matter to look at the absence of matter ? It is a dilemma.

Are we then contained in our own bodies? The solid part of us only occupies one hundred thousandth of our body, and the cosmic vibrations which hit us, by the thousands and millions every second, mainly pass right through us. Are we contained in our body or is just our chemistry contained in our body ? When I look at you with all your energies do I see a complete body or a chemical unit ?

Are we more in communication with cosmic energy than with the atoms which circumscibe our shape ? The energy which occupy the space of most of our being is in communication directly with the whole of the universe. Only one hundred thousandth or less is solid and has a contained shape. In fact we are more in communication with what is outside of us, than we are with our own chemistry. In this respect, I am more closely related to the energy of a rose than I am to my own chemical make-up.

We could apply this reasoning further. Is our brain contained within our head or is it only the chemistry of the brain ? We are bombarded by millions of vibrations every moment. Does our brain then have to be contained within the body or do we have communication with the whole of the universe energywise immediately and constantly ?

We talk about E.S.P. but it is a primitive form of communication and its use diminished as we developed languages, its need became less important to our survival. We should not be surprised that we can communicate with each other without language. If we can learn to communicate with our deep inner selves, then we can relearn to utilise E.S.P.

Our brain is not contained solely within our head, we are in communication with the whole of the Universe. Of the millions of vibrations striking our head every moment some we hold and utilise as energy.

A computer built to do what our brain does would be enormous and what would it be ? Could it think ? Could it have a conscience ? Could it know and know that it knows ? It would not be a brain; the brain is in instant and continuous communication with the whole Universe. This cannot be explained by chemistry.

Many people believe it does not matter what happens to food so long as it is a chemical unit. But food again is not just chemistry. It contains something over and above its chemistry it is more than its parts. If food is adulterated by chemicals in the land, then tinned, fried, the living part removed from the wheat, white rice and white sugar, how can one be well ?

Disturb the energy in food and illness will follow. Disturb ones thinking, disturb ones relationship with our environment in any way and illness will follow. If we are spiritually, emotionally and physically in balance with the cosmos, we are healthy.

The philosophical, naturopathic approach is an approach to the Whole Man. The body is an integrated balanced vibrating unit and energy is its most important force.